

## **Management of Exposure to Blood or other Body Fluids**

**All actions within 1 hour of incident:**

**First Aid Treatment should be carried out immediately if any individual sustains a Significant Exposure**

### **First Aid Treatment**

1. Encourage wounds to bleed by gentle squeezing;
2. Wash thoroughly with liquid soap and warm running water **do not** scrub the wound;
3. Cover wound with a clean dry dressing;
4. Irrigate eye or mouth splashes thoroughly with warm water or saline;
5. **Do not swallow the water used for rinsing out mouth;**
6. If required medical advice should be sought;

<http://www.documents.hps.scot.nhs.uk/hai/infection-control/ic-manual/app-13-01-13.doc>

### **Injured Medical Student Sustaining Injury/Exposure Must Immediately**

1. Take prompt first aid action;
2. Report the incident to your Educational Supervisor/Undergraduate co-ordinator/ Ward or Theatre Clinical Personnel or charge nurse as appropriate dependent upon where the injury took place.
3. If risk assessment of the incident indicates a 'significant injury' attend Occupational Health Service 08.30 – 17.00 hours Monday to Friday, or if Occupational Health is unavailable, please attend the Emergency Department

**On attending the above please ensure the following information is available:**

1. Name, date of birth and contact details of the injured person;
- 2 Details of the injury;
- 3 All available information about the source of the injury
- 4 Hepatitis- B immunisation status of injured person (if known).
5. Request that the person to whom you reported the incident raises an Incident Reporting Form (IR1) and ensure that a senior member of staff completes the Source Patient Risk forms.