

Notes for Clinical Supervisors updated Aug 2021- tips to make your lives easier!

**Capabilities** – these are the 13 capabilities that all GPSTs must achieve to be considered “competent for licensing” by the end of their training. We generally don’t expect them to be “competent” in each of these areas until they are in their ST3 year, working in a GP setting.

- Fitness to Practice
- Maintaining an ethical approach
- Communication and Consultation Skills
- Data Gathering and Interpretation
- Clinical Examination and Procedural Skills
- Making a diagnosis/decision
- Clinical management
- Managing medical complexity
- Working with colleagues and in teams
- Maintaining performance, learning and teaching
- Organisation, Management and leadership
- Practising Holistically, promoting health and safeguarding
- Community orientation

**Clinical Experience Groups** – these are the 9 different spectrums of learning across which we expect all GP trainees to gain experience during their GP training.

- Infants, children and young people [*under the age of 19yrs*]
- Gender, reproductive and sexual health (including women’s, men’s, LGBTQ, gynaecology and breast)
- People with long-term conditions including cancer, multi-morbidity and disability
- Older adults including frailty and/or people at end of life
- Mental health (including addiction, alcohol and substance misuse)
- Urgent and unscheduled care
- People with health disadvantage and vulnerabilities (including veterans, mental capacity difficulties, safeguarding and those with communication difficulties/disability)
- Population Health and health promotion (including people with non-acute and/or non-chronic health problems)
- Clinical problems not linked to a specific clinical experience group

**There was a new eportfolio and new GP training requirements as of 20/8/20 – in each hospital post, trainees will now only be required to complete 2 CBDS and 2 mini CEX (it was previously 3 of each)**

**It is also a mandatory requirement that GPSTs should complete a Placement Planning Meeting at the beginning of every new post and we would encourage trainees to add this to their eportfolio within 4/52 of starting.**

## **Case Based Discussion**

Please include the following -

Title

Brief Description

Level of Complexity

Clinical Experience Groups

**Capability (select up to 4)**

Grade against Expectations (significantly below, below, meets, above)

Feedback on performance and justification for grade

Recommendations for future development in that capability

**Feedback from the GP trainers' group is that this is often the most useful information when completing an ESR, free text gives a much better picture of the trainee than tick boxes**

Assessment of Performance has changed and should be graded as below -

- Below level expected prior to starting GP Training
- Below level expected of GP trainee working in this post
- At the level expected of GP trainee working in this post
- Above the level expected of GP trainee working in this post

Agreed action plan

## **Mini CEX**

Title

Brief Description

Level of Complexity

Clinical Experience Groups

Graded against Expectations (significantly below, below, meets, above)

Assessment of Performance

- Below level expected prior to starting GP Training
- Below level expected of GP trainee working in this post
- At the level expected of GP trainee working in this post
- Above the level expected of GP trainee working in this post

Agreed action plan

There are RCGP Condensed Curriculum Guides for each speciality which highlight which topics would be most useful for GP trainees cover.

**THESE ARE VERY USEFUL AND VERY COMPREHENSIVE AND I WOULD ENCOURAGE ALL CLINICAL SUPERVISORS TO BE AWARE OF THEM – THEY WILL MAKE YOUR LIFE EASIER WHEN DECIDING ON A SUITABLE PDP**

<https://www.rcgp.org.uk/training-exams/training/gp-curriculum-overview/rcgp-curriculum-super-condensed-curriculum-guides.aspx>

